



COVID-19 Update
October 5, 2020 16:00

0 confirmed active cases
25 recovered
2 deaths
27 total

We are deeply saddened to acknowledge the report from AHS of a second COVID-19 related death in the Pincher Creek region. The region includes the MD of Pincher Creek, the Town of Pincher Creek, Cowley, and the Piikani Nation. At this time, no other details are available. We join our community in extending our heartfelt sympathies to the family and loved ones touched by this death. Be kind to each other and remember that language and actions can hurt others.

Be accountable for helping prevent the spread of COVID-19. Take precautions to protect yourself and others in our community. If you have any these symptoms you are legally required to isolate for at least 10 days from the start of your symptoms or until they resolve, whichever is longer:

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

If you have any of these other symptoms, stay home and minimize your contact with others until your symptoms resolve:

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

Ensure you are receiving your information from trusted sources. For the latest news for Albertans on COVID-19, including updates on government actions, visit alberta.ca/covid19

If you feel a group or business is not abiding by the current rules or you believe someone is not self-isolating when required to do so, you can submit a complaint to AHS, and a public health inspector will look into it. Please call 1-833-415-9179 or visit this site to submit a complaint: <https://ephisahs.microsoftcrmportals.com/create-case>