



COVID-19 Update

December 11, 2020 16:00

COVID-19 statistics received from Alberta Health for the Pincher Creek area:

32 active cases

35 recovered

2 death

69 total

Pincher Creek Regional Emergency Management Organization (PCREMO) continues to actively monitor the COVID-19 pandemic and act as an information hub to keep the public informed of what is happening during this pandemic.

Albertans have a responsibility to slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between when people get infected and when new cases are identified. This means the cases we see today were infected up to 2 weeks ago. We must work together to protect each other. The greater the community spread, the more likely it will infect our loved ones most at-risk of severe outcomes, including death.

Albertans must continue following existing public health measures to keep everyone safe:

- Wear a mask in all indoor work places, facilities and places of worship
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
 - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
 - if negative, stay home until you're better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic
- Download and use the ABTraceTogether contact tracing app when out in public

For the full details on all mandatory measures by the Province for the Pincher Creek area, including requirements beginning December 13, 2020:

<https://www.alberta.ca/enhanced-public-health-measures.aspx>

If you have questions about workplaces or business abiding by the current Alberta Health Services rules, you can submit a concern directly to AHS, and a public health inspector will look into it. Please call 1-833-415-9179 or visit this site:

<https://ephisahs.microsoftportals.com/create-case>

If you require additional assistance or would like to listen to this local update please call 1 855 627 5365.